



Pronomic SDH-340 Silent Disco V2 Headphones

Item no. 00114959



Operating instructions

Version: 10.2025

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Thank you for choosing this product.

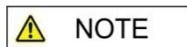
To ensure that you are completely satisfied with the Silent Disco V2 headphones, please read and understand this user manual carefully before using our product. Keep this user manual in a safe place. The user manual must be passed on to all subsequent users.



Observe the operating instructions!



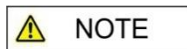
The signal word WARNING indicates hazards that could result in serious injury if precautions are not taken.



The signal word NOTE indicates general precautions that should be observed when using the product.



Images and screen displays in this operating manual may differ slightly from the appearance of the actual product, provided that this has no negative impact on the technical characteristics and safety of the product.



All personal pronouns in this operating manual are to be considered gender-neutral.

This operating manual is intended for persons who are supervised by a person responsible for their safety or who have been instructed in the operation of the device and have demonstrated that they are capable of handling the device.



**Children should be supervised to ensure that they do not play with the device.
Do not leave children unattended.**

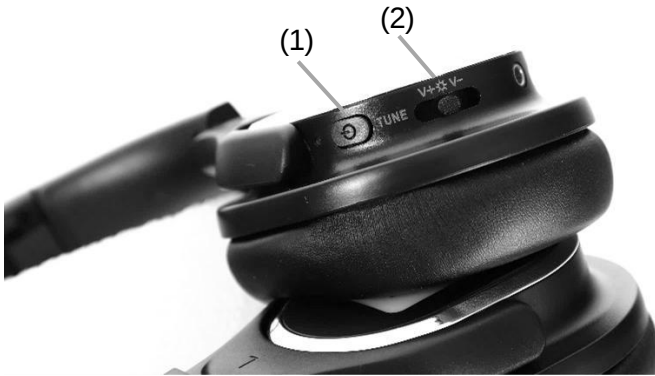
All information in this operating manual has been checked to the best of our knowledge and belief. However, neither the author nor the publisher can be held liable for any damage arising from the use of this operating manual.

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Detailed safety instructions:

- Read these instructions.
- Keep this manual.
- Heed all warnings.
- Follow all instructions.
- Do not use this device near water.
- Clean the device only with a dry cloth.
- Do not block any ventilation openings.
- Do not place the device near heat sources such as radiators, stoves or other devices that generate heat.
- Ensure that the power cord is not pinched, stressed or damaged in any way.
- Only use accessories recommended by the manufacturer. The Silent Disco V2 headphones are only compatible with Silent Disco V2 series transmitters. An infinite number of Silent Disco V2 headphones can be used simultaneously with a compatible Silent Disco V2 transmitter.
- Only use stands, tripods or mounts specified by the manufacturer or sold with the device. Handle with care to avoid injury.
- Be mindful of the volume! Listening at excessive volume levels can cause permanent damage to your hearing.
- Disconnect this device from the power supply during thunderstorms or if you are not using it for a long period of time.
- Contact qualified service personnel for all maintenance work. Maintenance is required if the device has been damaged in any way, e.g. if the power cord or power plug is damaged, liquid has been spilled or objects have fallen into the device, the device has been exposed to rain or moisture, is not functioning properly, or has been dropped.

Description



TUNE button (1):

- To switch the headphones on or off, press and hold the TUNE button for 3 seconds.
- To change the receiving channel, briefly press the TUNE button. Depending on the channel setting, the colour of the LED light on the outside of the headphones will change.

V+ V- button (2):

- Slide the button to the left (V+) to increase the volume or to the right (V-) to decrease the volume.
- Press and hold the button for 3 seconds to turn the LED backlight on or off.



USB port (3) / Charging the battery

- This input is only for charging the built-in battery. Please do not plug in any USB cables other than the one provided. A small LED lights up red when the headphones are charging. The LED changes to green when the headphones are fully charged.

3.5 mm stereo jack input socket (4)

- A headphone signal from a CD player or similar device can be fed to the headphone via a cable (not included) connected to this jack input socket to use the headphones like standard wired headphones. Make sure that the headphones are switched off for this application.

Contact points (5)

- The two small contact points on the other side of the earpiece are only intended for manufacturer maintenance work and have no function for you.

Caution:

When the battery is low, the LED will start to flash. The headphones will continue to function for approximately 3 minutes after the flashing starts before the battery is completely empty.

Logo effect on the outside:

The headphones change the colour of the LED logo depending on the selected channel. CH1-RED, CH2-GREEN, CH3-BLUE

You can find out how to change channels under "Description" Tune button.

Technical specifications:

System: UHF/RF

Speaker: 1.5-inch Mylar

Impedance: 32 ohms

Frequency range: 20-15000Hz

S/N ratio: >80dB

Channel separation: >40dB

Distortion: <1%

Power supply: 600 mAh rechargeable lithium battery Class A (rechargeable)

Runtime: approx. 8-10 hours (runtime depends on usage and volume)

Charging time: less than approx. 4 hours

Maintenance

Your device does not require any special maintenance.

However, in the event of a malfunction, please contact an authorised service centre.

Cleaning

Use a lint-free, slightly damp cloth for cleaning.

WEEE declaration (Waste Electrical and Electronic Equipment)

Your product has been designed and manufactured using high-quality materials and components that are recyclable and reusable. The symbol indicates that your product must be disposed of separately from household waste at the end of its service life. Dispose of this device at your local collection point or recycling centre. Please help to protect the environment in which we all live.

CE conformity SIMPLIFIED EU DECLARATION OF CONFORMITY

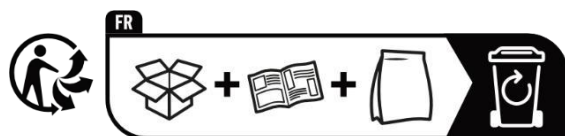
Musikhaus Kirstein GmbH hereby declares that the radio equipment type [Pronomic SDH-340] complies with Directive 2014/53/EU. The full text of the EU Declaration of Conformity is available at the following internet address:

https://www.kirstein.de/docs/manuals/00114959/conformity_declaration_DE.pdf

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